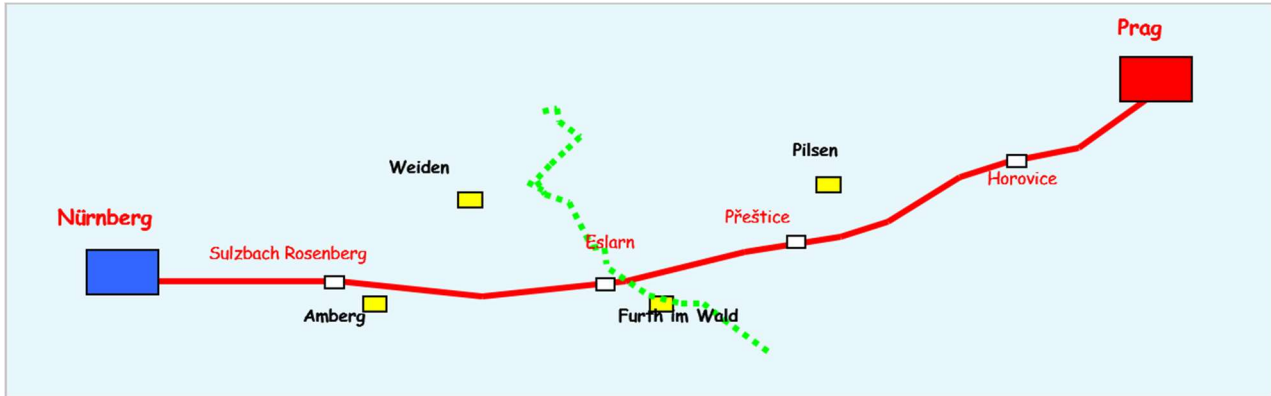




Announcement of 16. Via Carolina Run Prague – Nuremberg on July 09 and 10, 2022



Event	The Via Carolina Run (VCR) is a Team- and Relay-Run connecting the sister cities Prague/CZ and Nuremberg/DE.
Host	ViaCarolinaRunning e.V. Hallerstr. 49 90419 Nuremberg Mail: info@viacarolinarunning.eu Web: www.viacarolinarunning.eu
Location and Date	Start: July 09, 2022 12:00 noon Prague, Old Town Hall Finish: July 10, 2022 08:30 pm Nuremberg, Hauptmarkt, schöner Brunnen
Course and Schedule	<ul style="list-style-type: none"> ▪ 324 kilometers in 32.5 hours, divided into 31 segments of roughly 10 kilometers each, plus 2 short segments directly after the start in Prague (4,4 km) and before the arrival in Nuremberg (2 km). The two short segments are completed as a team and are not included into the total team result ▪ Each of the 31 segments is completed by one member of every team. They all start together at the same time, typically on the hour ▪ The designated change-over points are marked in yellow by a circle containing the letters “VCR” and the number of the next segment (e.g. VCR25) ▪ A course map with detailed descriptions is available on our Website ▪ Each team typically consists of 10-20 runners and a team captain. The course and schedule have been created based on a recommended pace of 6min/km for all segments ▪ The team captain is responsible for organizing and coordinating the team before, and during the event. He is the main contact person



	for all team-related matters, in particular for communication to and from the organizing team.
Fees	<p>For registration until</p> <ul style="list-style-type: none"> ▪ 31.01.2022: 400 EUR ▪ 30.06.2022: 450 EUR <p>The fees apply per team, irrespective of the number of team members, and include time measurement, snacks and drinks at each change-over point and a medal for each participant.</p>
Awards	<ul style="list-style-type: none"> ▪ Fastest team (including all 31 measured segments) ▪ Best team spirit (to be determined by the organizing team) ▪ Most segments (Participant with the highest number of completed segments) ▪ Jury award (to be determined by the organizing team) <p>Additional awards or changes under reserve.</p>
Registration	<p>The registration process at Fitfox consists of two steps:</p> <ol style="list-style-type: none"> 1) Onetime registration of the team: The team captain registers his/her team on the booking mask "Team Captain". 2) Team member registration: After team registration, each team member has to register on the booking mask "Team Member" stating the name of his/her team. The team member registration is for free, but mandatory. <p><i>Notes:</i></p> <ul style="list-style-type: none"> ▪ A team member can be a runner as well as a companion/helper ▪ Each team member has to clarify his individual starting fees with his/her team captain, if necessary ▪ Each team member can order a <i>Via Carolina functional shirt 2022</i> within the registration. 10 euro will be donated for each shirt. <div style="text-align: center;"> </div> <ul style="list-style-type: none"> ▪ Individuals that are not (yet) a member of a team, or if there are any other questions related to the registration, please send an e-mail to anmeldung@viacarolina.eu
Terms and Conditions	<p>By registering for the event, every participant accepts the following terms and conditions:</p> <ul style="list-style-type: none"> ▪ The contents of this announcement



- | | |
|--|---|
| | <ul style="list-style-type: none">▪ The disclaimer▪ The general terms and conditions and data protection regulations of Fitfox GmbH▪ All event-related communication distributed before or during the event |
|--|---|

Full acceptance and compliance with these terms and conditions is mandatory for every participant.